

the Forton Group

Module Three
of the Professional
Leadership Coach
Training Program



Workshop duration

- 3 days
- 6 hours 1:1 Mentor Coaching

“ I’ve taken my share of corporate courses, but this one is different, to the point that I’m signing-up for the next level.

Andrea Chan,
Senior Manager,
HR, Axa

Igniting excellence in leadership

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Advanced Leadership Coaching

Overview

To overcome today’s business challenges, coaching is an essential *leadership* skill.

- Leaders need to inspire their people, to retain their best people and to unleash creativity and responsibility in everyone
- Leadership coaching is the most effective way to enable teams to deliver extraordinary business results
- Leadership coaching supports the human element of organizational transformation

Coaching leaders, and leading with a coaching style, requires specialist skills; it is important for managers, leaders and coaches to coach to a professional standard, with high levels of integrity. Explore the meaning of effective leadership and its links to coaching; develop your coaching skills in practice sessions, receive feedback from your peers and build on your strengths.

This workshop is the third of three steps in an accredited program recognized by the International Coach Federation (at ‘Associate Certified Coach’ level - with an optional fourth module to take you to ‘Professional Certified Coach’).

The Forton Group’s modules 1-3 (Ignite, Developing, Advanced) meet the International Coach Federation minimum requirements for full membership.

This workshop is for

This workshop is for leaders and coaches working towards the “Certified Leadership Coach” and “Associated Certified Coach” qualifications; internationally-recognized by the ICF.

Experienced managers with coaching experience looking to

- Develop their leadership coaching skills to a professional level
- Motivate and lead others, even in complex and challenging situations
- Inspire others to achieve more by being an authentic leader
- Unlock people’s potential by building on their emotional intelligence
- Change the culture to one where everyone takes responsibility and shows leadership
- Develop your personal awareness and improve your influencing skills

People with intermediate coach training, wishing to

- Achieve a recognized qualification
- Add depth to their coaching by developing leadership coaching techniques
- Apply advanced emotional intelligence tools in their coaching



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What to expect

You will gain the essential skills required for successful leadership coaching to ICF 'Associate Certified Coach' level. This is a highly interactive course with a range of practical exercises before, during and after the workshop. Delivery is balanced between theory; coaching demonstrations; practice; discussion, review and learning.

By the end of this workshop you will be able to:

- Practice leadership coaching skills, with confidence and ease
- Develop your personal awareness and influencing skills
- Understand how the range of leadership styles support success
- Use your coaching skills and principles to lead teams, support peers and colleagues

This workshop covers

Working as a Leadership Coach in formal and informal situations

- Understanding the impact of authenticity and the 'ideal self' in ourselves, our organizations and in leaders
- Understanding what it means to be an influential leader
- Leading and coaching to the five Leadership Principles

Growing Emotional Intelligence

- Deepen your listening skills
- Understanding how we use language for more effective coaching
- Coaching to grow emotional capability in yourselves and others

Coaching Competencies to ICF standards

- Practicing leadership coaching skills in live situations, not role play
- Understanding the ICF standards and exam requirements
- Planning your personal and professional development

Ongoing Personal Development

Workshop participation includes

- Pre-work: building your emotional intelligence
- Mentor Coaching: 3 sessions as a coach and three as a coachee. Get feedback from a senior coach.
- Course workbook and all materials. Students who have completed all the requirements of Modules 1-3 of the Professional Leadership Coach Training Program including professional coaching experience) are entitled to use the title "Certified Leadership Coach". On achieving 100 hours of professional coaching experience, you can apply for the Associate Certified Coach designation from the ICF.
- You will be provided with a letter of confirmation, certificate and logo to use on your website and email signature

Contact us to find out more...

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